Supplementary Material 2. SPIRIT Schedule of Enrolment, Interventions, and Assessments.

Key: X = procedure performed; ↔ = continuous/throughout period; G0 = health education leaflet/control; G1 = individual cognitive training; G2 = ALMA group intervention; T0 = baseline; T1 = post-intervention/close-out. Timepoints may be adapted to the journal template if required.

STUDY PERIOD	**Enrolment**	**Allocation**	**Post-allocation**				**Close-out**
Study period / timepoint	**Enrolment –t1**	**Allocation 0**	**Post-allocation Month 1**	**Post-allocation Month 2**	**Post-allocation Month 3**	**Post-allocation Month 4**	**Close-out T1**
ENROLMENT							
Eligibility screening	**X**						
Preliminary trial information	**X**						
Written informed consent	**X**						
Inclusion/exclusion criteria confirmation	**X**						
Sociodemographic data	**X**						
Clinical profile / oncology history / current treatment	**X**						
Participant code assignment / pseudonymization	**X**						
Baseline assessment (T0)	**X**						
ALLOCATION							
Stratification by baseline MoCA score		**X**					
Randomization, 1:1:1 allocation to G0/G1/G2		**X**					
Allocation concealment naintaid until completion of T0		**X**					

INTERVENTIONS							
G0: standardized health education leaflet / usual care		**X**					
G1: individual non-tailored cognitive training dossier		**X**	**X**	**X**	**X**	**X**	
G1: 5 cognitive training activities/week; 80 activities total			**X**	**X**	**X**	**X**	
G1: remote follow-up contact			**X**		**X**		
G1: in-person follow-up contact				**X**		**X**	
G2: ALMA group intervention, 2 sessions/week, 120 min/session			**X**	**X**	**X**	**X**	
G2: psychoeducation component			**X**	**X**	**X**	**X**	
G2: targeted cognitive stimulation component			**X**	**X**	**X**	**X**	
G2: group feedback / review component			**X**	**X**	**X**	**X**	
Intervention adherence monitoring / attendance log			↔	↔	↔	↔	
Retention strategies / reminders			↔	↔	↔	↔	
Withdrawal reasons documented if applicable			↔	↔	↔	↔	**X**
ASSESSMENTS							
Primary outcome: global cognitive performance — MoCA v8.3	**X**						**X**

Subjective cognitive function / cognitive QoL — FACT-Cog v3	**X**						**X**
Everyday cognition — PECC	**X**						**X**
Functional autonomy — Lawton & Brody Scale	**X**						**X**
Anxiety symptoms — Hamilton Anxiety Scale	**X**						**X**
Sleep quality — Pittsburgh Sleep Quality Index (PSQI)	**X**						**X**
Performance status — ECOG	**X**						**X**
Everyday memory failures — MFE Questionnaire	**X**						**X**
Adverse events / clinical changes			↔	↔	↔	↔	**X**
Concomitant oncological treatment update	**X**						**X**
Protocol deviations / intervention discontinuation			↔	↔	↔	↔	**X**
DATA MANAGEMENT							
Data entry in REDCap / database update	**X**		↔	↔	↔	↔	**X**
Data quality checks / missing data review							**X**
Preparation of pseudonymized dataset for statistical analysis							**X**

The schedule of enrolment, allocation, interventions, and assessments is presented following the SPIRIT participant timeline format.